

COVID 19 Daily Brief: 16th October

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NW Update – as at 17 October 2020

In the North West today (Saturday, October 17, 2020), there has been a total of 143,636 confirmed cases since testing began - an increase of 3,324.

There are currently 1,637 people in the region's hospitals who are being treated for COVID-19, including 152 on ventilation.

A total of 23,307 people have received treatment for the virus at North West hospitals since the pandemic began.

The total number of deaths since the start of the pandemic of people whose death certificate mentioned COVID-19 as one of the causes, now stands at 8,121. Infection rates are once again increasing:

- Cumbria - 4,920 (Up from 4,819)
 - NW total confirmed cases - 143,636
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To avoid becoming a statistic we must have the continued self-discipline to stick to the measures and procedures that have served us so well to date i.e.:

- Work from home if you can, only attend site if you have to – in line with risk assessments
- Wash hands regularly >20 seconds with soap and water, use sanitiser regularly & after touch points, wash surfaces (wipe in & wipe out), avoid touching your face
- Maintain social distancing or apply strict controls where close proximity working is required - in line with risk assessments
- **Mandatory:** Wear face coverings in offices, communal areas, Jiffy Vans, multi occupancy of vehicles – in line with risk assessments

Our problem is not at work – but in our communities.

Please, Please, Please:

- communicate the above to your families and friends
- exercise greater caution over the next few weeks
- plan outdoor trips carefully and try to avoid busy periods

Only you can look after you – please do the right thing for you, me, we, us!

If you have any concerns, questions or would like to discuss anything else then please call.
